



Almaden Swim & Racquets Club



Junior Tennis Program Class Descriptions

Quick Start Tiny Tots

An introduction to tennis for 4-7 year-olds focusing on hand-eye coordination, running and balance taught in a fun oriented atmosphere with games and prizes.

Quick Start Group Lessons

An introduction to tennis for 5-12 year-olds (grouped by age & ability) focused on strokes, rules & scoring presented in a fun, fast-paced clinic. This class will prepare students for Junior Interclub.

Junior Interclub Team

This class is designed for students 7-12 years-old who can already serve, but have limited match play experience. This class will introduce players to spins, shot selections and basic match play strategies.

Junior Aces Team

This class is for middle school to high school aged players with match play experience. The focus is on drills, live-ball situational strategies, and competitive games with an introduction to the mental side of the game.

Junior League Team

This class is designed for advanced level juniors with focus on becoming better match players through drilling, live-ball competitions and conditioning.

High Performance Team

Come train with former ATP Tour player, Oren Motevassel with assistance from Tennis Director, Bill Kress. An invitation-only Junior Team designed for tournament level juniors focusing on advanced match play strategies, stroke production and conditioning. We will make you a better match player by developing your weapons, teaching smarter shot selection & working on mental toughness.