



# ALMADEN SWING & SPLASH

*Issue 22*

**Points of Interest:**

- Questions about your billing statement?  
[dchapman@asrc.org](mailto:dchapman@asrc.org)
- Why not Brush up on your Tennis Game?  
[dchapman@asrc.org](mailto:dchapman@asrc.org)

*Welcome*

**To the following Families:**

Jue

<u>Website/Phone</u>	<u>Club Manager</u>	<u>Head Swim Coach</u>	<u>Tennis</u>
<a href="http://www.asrc.org">www.asrc.org</a>	Dan Chapman	Andre Salles-Cunha	408-268-8509
408-268-9555	<a href="mailto:dchapman@asrc.org">dchapman@asrc.org</a>	<a href="mailto:acunha@asrc.org">acunha@asrc.org</a>	<a href="mailto:dchapman@asrc.org">dchapman@asrc.org</a>

**FROM THE BOARD by John Green, President**

Happy February!

Please join me in thanking Pete Bucter again for his service over the past two years. Pete will stay on as a member of the Facilities Committee which will help us greatly as we deal with the renovation project.

I look forward to an exciting year ahead in my position on the board. For those who do not know me, I have been an active USTA tennis member for the past two years. Also, I have been a member of a few men's 3.0 teams and some co-ed combo teams as well. Whenever possible, I attend tennis drop-ins on Saturday mornings at 8am. If you are on the swim side, I am an active parent with a 14 year old son, Christopher, and 12 year old daughter, Lauren, on our newly named QuickSilver Swimming (QSS) team. Perhaps you swim Masters? My wife, Karen, is a regular at the daily 9am Masters workout. As you can see, my family tries to utilize ASRC as much as possible and I encourage you to do the same.

Congratulations to our QuickSilver Swimming team for finishing in 2<sup>nd</sup> place at the Zone Championship meet in January. There were many great swims. A few meet records were broken by QSS and every QSS relay placed and earned big points! On the tennis side, congratulations to the Men's 3.0 Beer Monkeys who made the playoffs but lost a tough match to Morgan Hill in the first round. Also, congratulations to the Women's 6.5 Dot Combos and the Women's 5.5 Combo Supreme teams. Both made the playoffs and won. They are off to Fresno for the USTA Combo District Championships! Go teams!

Finally, congratulations to Eric Horn. The board has promoted Eric to ASRC assistant club manager. He will be a great asset for Dan and will help to ensure that our club continues to run smoothly.

See you at the club. I hope we meet soon!



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**OUT OF THE MANAGER'S MIND by Dan Chapman**

**POOL HOURS**, Closed for Rec Swim Nov 1st, 2011—Mar 1st, 2012, Check <http://www.asrc.org/hours.htm> for all club hours.

**GO PAPERLESS** If you would like your monthly billing statement emailed to you instead of the receiving a paper statement please email the office [dchapman@asrc.org](mailto:dchapman@asrc.org).

**COVER THE POOL** With the rising energy costs (specifically gas) please cover the pool after you use it. Basically, if you show up to swim and the covers are on, the pool needs to be covered again before you leave (even if you know someone else is coming to swim later in the day). Any questions, call 268-8905.



## CLUB SOCIAL NEWS by Dan Chapman



<u>DATE</u>	<u>THEME, CATERER</u>	<u>EVENT</u>
May 28	American, Time Deli	Memorial Day Party
July 4	Hot Dogs	4 <sup>th</sup> of July Party
July 9	Mexican, Baja Fresh	Monday Nite Social
July 16	Pizza and Salad, Costco	Monday Nite Social
July 23	Pasta, Salad, DiPuccios	Monday Nite Social
July 30	Chinese, TBA	Monday Nite Social
Aug 6	Ice Cream and Toppings Only*	Monday Nite Social
Sep 29	Appetizers, Dinner, Dessert	Casino Night ( <b>Adults Only</b> )

2012  
Summer  
Socials



## FROM THE SWIM COACH by Andre Salles-Cunha, Head Swim Coach



TEAM SPONSOR



QuickSilver Swimming

**SWIM MEET REVIEW:** ALMA swimmers looked good all weekend at Z1S Champs. ALMA took second behind SCSC in the race for the top Zone 1 South spot. We had the 2<sup>nd</sup> most points over all and in the large team division. We had several relays place in the top 3 this year. The relays were highlighted by victories in both the 15-18 200 FR girls and boys.



**ALL BEST TIMES:** Swimmers had the opportunity to swim 6 events at this meet. The swimmers who achieved best times in all 6 events at this team meet are: Mia Raimondi, Sara Stebbins, Skyler Hatton, Elaine Wong, Jake Bullock, Matthew McKim, Brandon Nguyen, Nicole Burd, Shawna Fattahi, Avalon Gook, Deirdre Gwin, Pierce Imperialbobis, Sarah Shih, Sharon Xiao, Joshua Bergles, Christian Lee, Brian Wong, Mackenzie Keslin, Nathan Chortek, Chris Rue!

Congratulations to all of our swimmers who achieved best times at the Champs meet!

**NEW CUTS:** Juntao Ren (PRT), Kiana Lee (2PRT,FW), Jillian Louvelle (JO), Madeline McKee (2JO), Samantha McKee (JO), Ishani Sikdar (JO), Preston Gook (PRT,JO), Matthew McKim (2JO), Joseph Sandoval (FW,JO), Kevin Sichak (3FW,2JO), Leo Zhang (JO), Elizabeth Shen (2JO), Sarah Shih (JO), Lauren Smith (JO), Hannah Womer (JO), Ben Dietz (2JO), Trey Guise (FW,JO), Gavin McGee (JO), Matthew Sandoval (2FW), Sonja Giacinto (JO), Morganne McKennan (PRT), Amanda Rios (JO), Kevin Le (JO), Michael Sandoval (JO), William Wang (2JO), Stephanie Scannell (JO)

Congratulations to all of our swimmers who achieved best times and leveled up!

### UPCOMING MEETS

Our Meet this month: Feb 11-12: IMX @ Gunderson HS

Make sure to go to our website [www.goalma.org](http://www.goalma.org) to check out the upcoming meets on the meets tab!

### QUALIFYING MEETS (must be faster than time standard to swim):

Feb. 18-20 Senior II T&F (PC) sc [Cabrillo Threshers](#) Santa Cruz CA

March 16-18 JO+ T&F (PC) sc [Spring Junior Olympics Championship](#) San Ramon CA



**FAR WESTERNS:** We will be hosting Far Westerns March 29 – April 1 at the Morgan Hill Aquatic Center. Far Westerns is one of the fastest and most prestigious age-group meets of the season. Even though many of our swimmers will not be swimming in the meet, we will all have to chip in to make sure the meet runs smoothly. We would like to see all of our swimmers there on the weekend cheering for our relays and supporting their teammates!

**BILLING NOTICE:** Please do not use the online invoice section to check if your account has been credited. The on-line section will only tell you about upcoming bills. Please use the monthly bill mailed with the newsletter as your reference point for your account status. Only the paper bill will reflect your payments and current status.

Featured Coach



Head Swim Coach

Andre Salles-Cunha

[acunha@asrc.org](mailto:acunha@asrc.org)

**Bronze:** *Walker Rice* has made great strides this year in his behavior, team work, and focusing more at practice. This past month I have caught him on several occasions helping his teammates out in the streamlines and not breathing inside the flags without being asked to. (Of course the whole relay team would have been disqualified, so that probably had something to do with it :)

**Silver:** *Mia Raimondi* - Mia had a great Champs meet, she had 100% improvement in all of her events. She earned her spot on both scoring 8/ under relays. Mia has been coming to practice constantly with a big smile on her face. Congratulations Mia!

**Gold A:** *Brandon Nguyen* - Brandon comes to practice every day focused and ready to work hard. Brandon had a great Zones Champs meet, he had 100% improvement in all of his events. Brandon is now very close in making his JO's cuts in multiple events. Nice job Brandon!

**Gold 1:** *Madeline McKee* got 5 best times at zones, she trained at a JO level in practice and turned that into two solid JO cuts in the 200 and 500 free! Keep up the good work Madeline! *Arya Adibi* had a break through meet and crushed his times at Zone champs. Great racing Arya! *Arrington McGee* had a breakthrough Zone Champs meet destroying her best times in all 5 events she swam! She should be making JO's soon if she can build on that enthusiasm in practice!

**National/Senior Development:** (Hit the road) *Jack Tran*. This is his first time EVER signing up for both days of a meet. Unfortunately, he was sick the 2nd day of zones, but did a great job. He is also one of our ringleaders in organizing our now monthly dinner outings to Fresh Choice or wherever he and the group decides on. To say he's upbeat is a gross understatement. When I asked him to look mad, I think his facial skin ripped.

*Dillon Punchihewa* (AKA- Dark Dillon) made a nice comeback in attendance this past month. The effort is always there, but due to homework and other activities, he was not able to make many practices in the past. He's always upbeat and is a good lane leader/pacer at workouts.

**Pre-National:** *Morganne McKennan* placed top 10 at sectionals in the 100 breaststroke. She achieved her best prelim time in her career and then dropped a good chunk in finals. Morganne has steadily improved in practices this season and we are looking for another great season. *Mackenzie Keslin* works very hard not only in the pool but also in dryland which has made her a excellent well rounded swimmer. All of Mackenzie's hard work has earned her all best times at Zone Champs a few weeks ago!! Congratulations Mackenzie!! *J.P Raimondi* has been great to have in practices because while he is there he listens and follows directions very well, which is something I really appreciate in a swimmer! J.P swam at Zone Champs this month and got five out of six best times which was exciting to see!! Congratulations J.P!! *Ben Dietz* has started of 2012 in a fantastic way! Ben has stepped it up in practices and had a great Zone Champs where he got five out of six best times including some new JO cuts! Congratulations Ben!! *Lauren Green* was chosen and swam at the 2012 Pacific Coast all star meet in Vancouver this month where she scored a ton of points for Pacific Swimming. Lauren also won all of her events at Zone Champs and also broke five of the meet records!! Congratulations Lauren!!

**National:** *Michael Amireh* has had a break through month of training. He is learning how to push himself in practice with effort and attention to technique. He is giving himself an opportunity to have a breakout CCS season.

**Masters:** *Valerie Haaland* has made a huge comeback this month. She has swam 4 days a week minimum and is not starting Saturdays (kids' schedules permitting). She's awesome to have around on the pool deck and well loved by all. I have to wonder if the "big birthday" and the new year had anything to do with her new dedication ;)

## ALMA ACCOMPLISHMENTS

Please be sure to submit any accomplishments of our swimmers outside of the team meets that you would like the team to know about. Submissions should be limited to around 4 lines in Times New Roman 12 pt font.

The Semi Permanent Team Records section:

Congratulations to all the swimmers who broke Team Records in January 2012!

Check out our all-time top-10 times lists at:

<http://www.teamunify.com/SubTabGeneric.jsp?team=alma&staid=15793>



## ASRC TENNIS UPDATE

### WINTER/SPRING JR. TENNIS PROGRAMS

Schedules for the 2012-winter/spring tennis clinics are available in the tennis office, online [www.asrc.org](http://www.asrc.org), and on the bulletin board. For those of you who still want to join, you may still do so. For more information regarding tennis clinics, programs or private lessons, please call Dan at 268-8509, or email [dchapman@asrc.org](mailto:dchapman@asrc.org)



Featured Pro



ASRC

Tennis Pro

KATHY BARNES

Kathy is an expert in all things tennis! Whether you're interested in doubles strategy or how hit a top-spin backhand, Kathy is the instructor for you!



### USTA LEAGUE INFORMATION

Playing on a USTA team is the best way to improve your game, face healthy competition, and meet other players. The USTA Adult league is open to six levels of play as defined by the NTPR: Open division, 5.0 and under, 4.5, 4.0, 3.5, 3.0 and 2.5. Play is usually in the weekday evenings and some matches are played during the weekend. Each team has two singles and three doubles matches per night of play. In order to play, you must be a club member and have an official NTRP rating. You must also be a current member of the USTA. At ASRC, we hope to field twelve division men and women teams. Please don't hesitate to sign up, as teams fill quickly. Deadline to sign up is February 9th, 2012.

### UPCOMING TENNIS EVENTS:

#### Club Socials

Feb. 11th **Valentines Day**—sign up on the tennis bulletin board.

#### Adult Event

Feb. 13-19 SAP Open

#### USTA LEAGUE:

Feb. 9th Adult League for ASRC members deadline

Feb. 22–May 27 Super Sr. 65

Feb. 26th Adult League Team Registration Closes

Mar. 26th Adult League Season Starts

### FAMILY PLAN FOR BALL MACHINE USAGE FOR 2012

The Family Plan for the use of the ball machine costs \$100 for unlimited ball machine use based on a calendar year. Many pros attribute a great deal of their success directly to the time they spent practicing with the tennis ball machine. Whether you're a novice, a junior champ, or a weekend warrior, your game will transform with the use of our club's Play Mate Ball Machines that will not only stand the test of time, but make you look and feel great whenever you practice. There are machines on both courts 1 & 6. Can't wait to improve your game? Call 268-8509 or email [dchapman@asrc.org](mailto:dchapman@asrc.org) Dan to join this Family Plan for the ball machine and enjoy a fun fitness workout with your family of all ages and playing abilities.

### Clinics and Socials: (click on the links below)

[February Tennis Clinics and Socials Calendar](#)

[Coffee & Tennis Clinics](#)

[Pizza & Tennis Family Night Social](#)

[USTA Kick-Off Drills Clinic](#)

\*\*Sign up on the tennis bulletin board at ASRC.

February 2012 — FREEBIE FEBRUARY!							TENNIS CALENDAR
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
		1	2	3 (Coffee & Tennis) "C&T" 11:00a-12:00p	4		
5	6	7	8	9 USTA Kick-Off 2.5-3.0 7:00p 3.5-4.8 8:00p	10	11 Valentines Tennis Social 7-10p	
12	13	14	15	16	17	18	
19	20	21 USTA Kick-Off 11:00a-12:00p	22	23	24	25	
26	27 Family Night! Pizza & Tennis 6:30-8:00p	28	29				

CLINICS & SOCIALS



# SAP OPEN TICKETS NOW AVAILABLE

Scheduled to Play...

Mon. Feb. 13th @ 7pm JOHN McENROE & MILOS RAONIC vs JAMES BLAKE & GAEL MONFILS + A Feature Match.

Tues. Feb. 14th @ 7pm JAMES BLAKE followed by SAM QUERREY (USA).

Wed. Feb.15th @ 7pm ANDY RODDICK followed by MILOS RAONIC (CAN).

The discount tickets are available for any session and the discounted prices are marked just before the regular prices that you or anyone else would pay individually. So grab some great seats now at a discount (5-30% Off) only offered to our tennis friends and clients... Available now through Jan.31st, 2012.

		Box Seats		Lower Reserve		Upper Reserve	
		Sideline	Baseline	Sideline	Baseline	Sideline	Baseline
Feb.13 -16 @ 9am		\$35(50)	\$35(50)	\$30(40)	\$30(40)	\$20(25)	\$20(25)
(Monday) 7pm		\$63(78)	\$71(86)	\$42(48)	\$50(60)	\$22(27)	\$28(33)
(Tues./ Wed.) 7pm		\$45(60)	\$45(60)	\$40(50)	\$40(50)	\$25(30)	\$25(30)
(Thursday) 7pm		\$63(78)	\$71(86)	\$42(48)	\$50(60)	\$22(30)	\$28(35)
Feb.17 @ 11am		\$50(65)	\$50(65)	\$40(50)	\$40(50)	\$25(30)	\$25(30)
(Friday) 7pm		\$69(84)	\$80(95)	\$56(62)	\$59(69)	\$30(35)	\$36(41)
Feb.18 @ 1pm		\$76(91)	\$85(100)	\$56(64)	\$61(71)	\$32(37)	\$38(43)
(Saturday) 7pm		\$76(91)	\$85(100)	\$56(64)	\$61(71)	\$32(37)	\$38(43)
Feb.19 Sun. 1pm		\$87(109)	\$97(119)	\$61(75)	\$71(85)	\$37(45)	\$45(53)



## CONTACT:

*Ravi Gill*

[ravigill2001@yahoo.com](mailto:ravigill2001@yahoo.com)

408-666-7284

Please let me know what you want right away - ASAP to reserve the best seats available. There is a \$2- Transaction Fee applied to each transaction of tickets ordered, so please make sure to order all of your tickets together to avoid additional fees. Also there are no refunds or exchanges once the tickets are processed & printed. So feel free to call me if you have any questions regarding this... Thanks!

# JR. INTERCLUB

Jr. Interclub is the beginning level in playing tennis matches. Kids play his games and learn how to keep score as well as develop the basic fundamentals of tennis play. As Jr. Interclub students progress they will have the challenge and opportunity to move from Interclub to Jr. Aces, Jr. League, and finally to Performance!

**Mondays & Wednesdays**  
4:30 - 6:30pm

**(4 weeks) \$160 members**  
**\$208 non-members**

MEMBER: KATHY BANGEL

Kathy is a USPTA Licensed Teaching Professional with over 30 years of experience. She is an active teacher dedicated to developing sound fundamental skills from recreational to competitive players with a focus on encouraging tennis as a lifetime sport.

## ASRC Junior Tennis Flowchart

**Beginner** (1-2 years tennis, introduction to fundamentals)

**Beginner Lessons** (1-2 years tennis, introduction to fundamentals, by an experienced instructor)

**Junior Interclub** (beginning matches for qualified players)

**Junior Aces** (beginning matches for qualified players)

**Junior League** (beginning matches for qualified players)

**Junior Performance** (beginning matches for qualified players)

**ASRC JUNIOR TENNIS PROGRAM WEEKLY SCHEDULE**

- JUNIOR GROUP** MON, WED, FRI 10:00 AM - 11:00 AM
- JUNIOR START** MON, WED, FRI 11:00 AM - 12:00 PM
- JUNIOR INTERCLUB** MON, WED 4:30 - 6:30 PM
- JUNIOR ACES** TUE, THU 5:00 - 6:30 PM
- JUNIOR LEAGUE** TUE, THU 6:30 - 8:00 PM
- JUNIOR PERFORMANCE** MON, WED 8:30 - 10:00 PM

ASRC is a 501(c)(3) non-profit organization. All proceeds from ASRC go to support the program.

ASRC is located at 10000 N. 10th Street, Suite 100, Scottsdale, AZ 85254. Phone: 480-340-3888. Fax: 480-340-3889. Email: info@asrc.org. Website: www.asrc.org